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Prepared for Thursday February 17, 2022

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WellnessWorld

Platform that centralizes on-campus, o -campus, and online resources while also providing a navigation tool to orient students to the resource(s) that best address their unique needs

Mental Health Commissioner has been invited to the implementation working group, which will begin meeting in February with the goal of launching the platform for next academic year

Student Suicide Prevention & Postvention Framework (SSPF)

Regular meetings with the working group (involves Student Services and Dean of Students) to advise on the formalization of the framework, following student consultations in 2019-2020

keep.meSAFE

As always, promote keep.meSAFE far and wide!

Usage numbers are significantly better than EmpowerMe (former service), but there is no cap on number of sessions and given our large student body we should aim to get ~~the numbers~~ up

Usage reports available, please email mentalhealth@ssmu.ca if you are interested!

Student Wellness Hub Advisory Board

Met first week of February to review Hub data, updates, and National Standard for Post-Secondary Mental Health

(as of February 9)

Hub data available, please email mentalhealth@ssmu.ca if you are interested!

Mental Health Roundtable

Continues to meet monthly; attendance has been low as we continue to meet online

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2021-2022 # Mental Health Action Week: Jan and Feb
Contin

Wellness bingo

February: Valentine's Day Fundraiser

Plant and Krispy Kreme donut sale via both pre-orders and day-of sales (February 1st) donut Va